Follow the Dot! Do we have implicit awareness of our own eye movements?

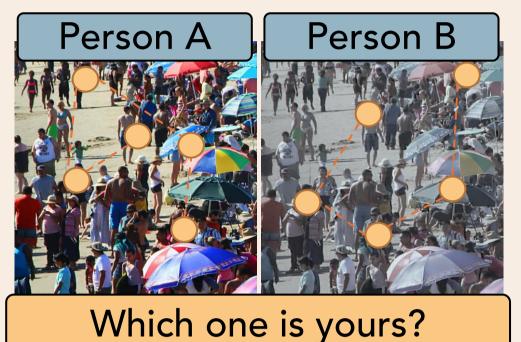


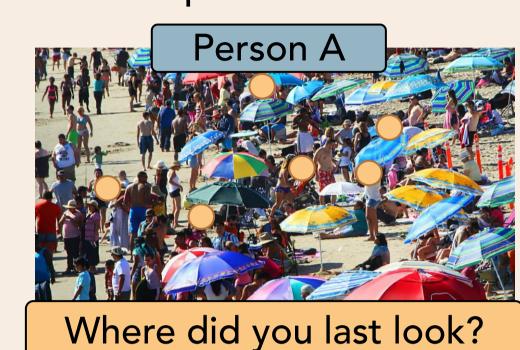
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Background

When asked where they have previously looked, people are poor at remembering previous fixations.^{1,2}

Previous studies have used explicit measures (recognition¹ or identification² tasks); however, it is unclear whether this extends to implicit awareness.





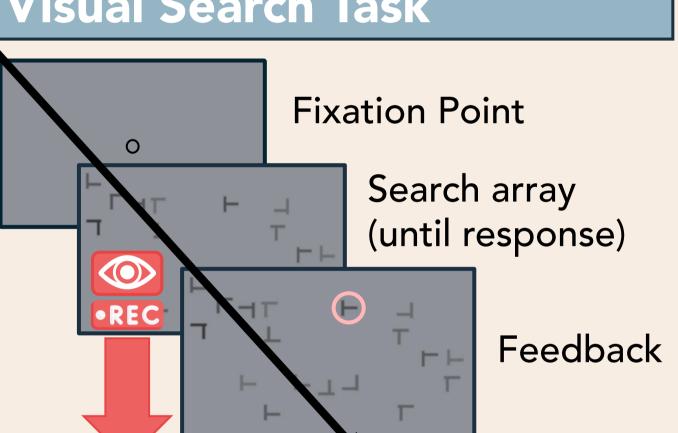
Are people more accurate at following their own eye movements compared to someone else's?

Methods

Block 1: Visual Search Task

Task: Report if perfect "T" is present or absent.

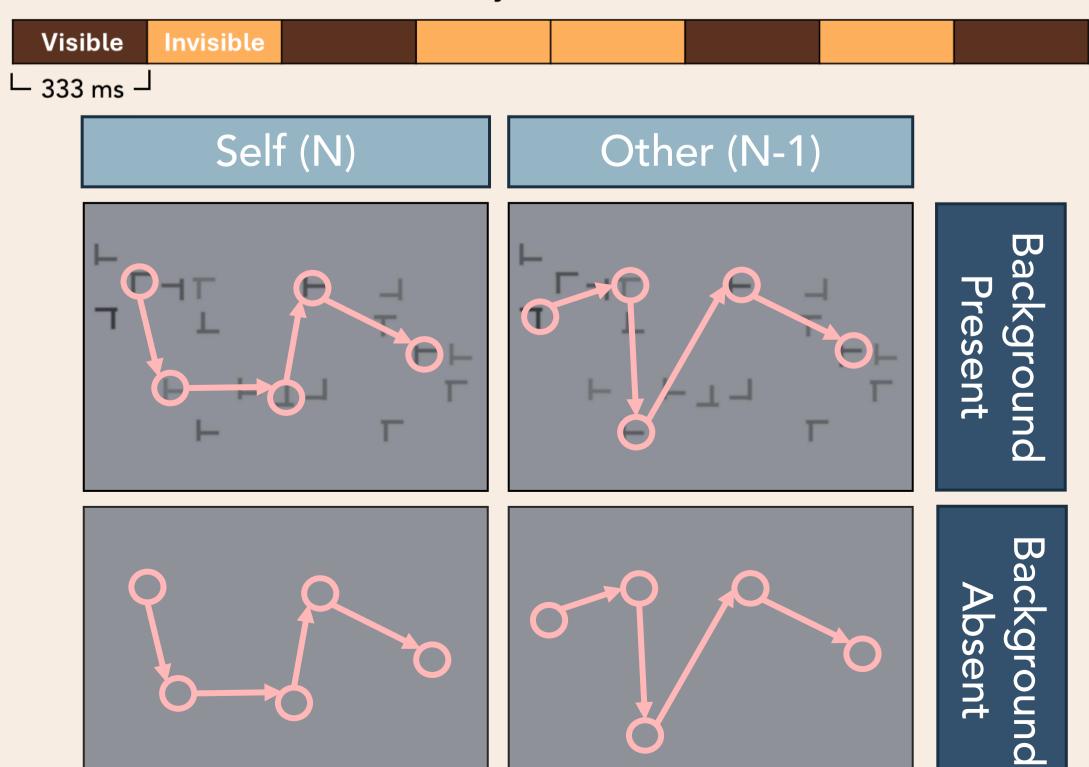
Both tasks include
20 practice + 160
experimental trials



Block 2: Passive Tracking Task

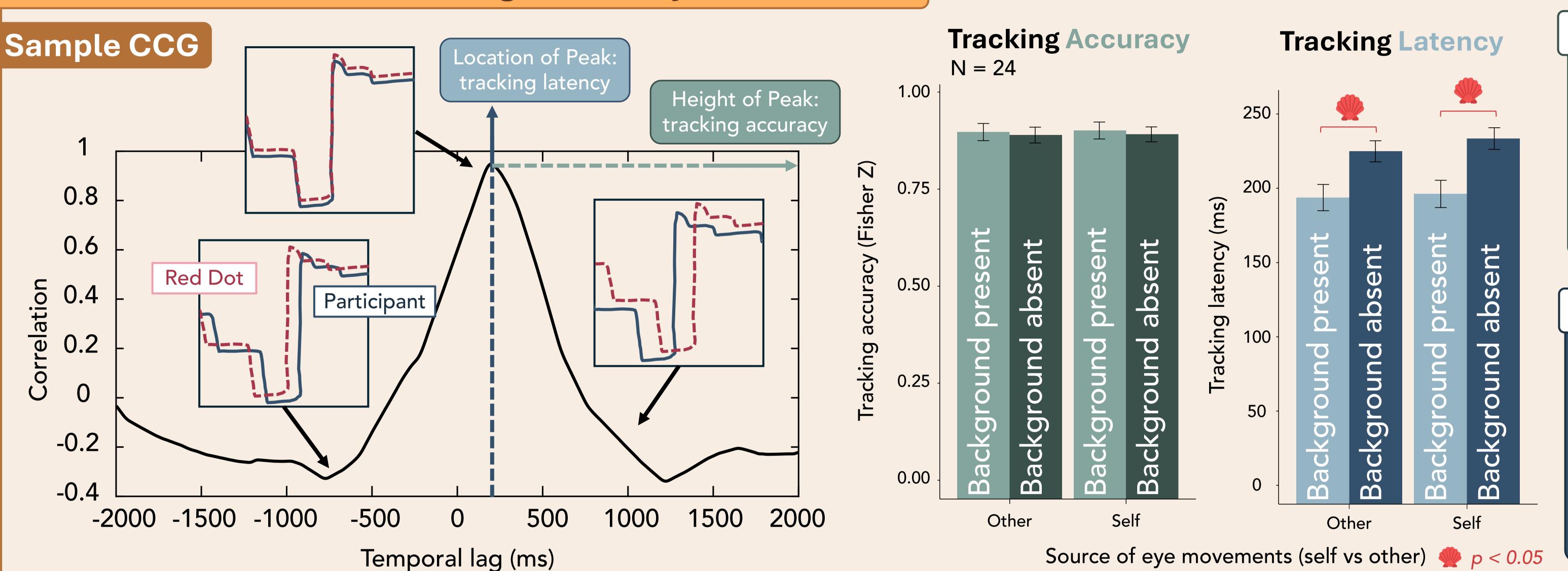
Participants tracked a red dot around the screen with their eyes. Its position was based on the previous recording of themselves or the previous participant.

___ The dot was randomly visible **50% of the time:** _



Are we better or faster at tracking our own eye movements?

What predicts tracking accuracy?



Takeaways: Accuracy

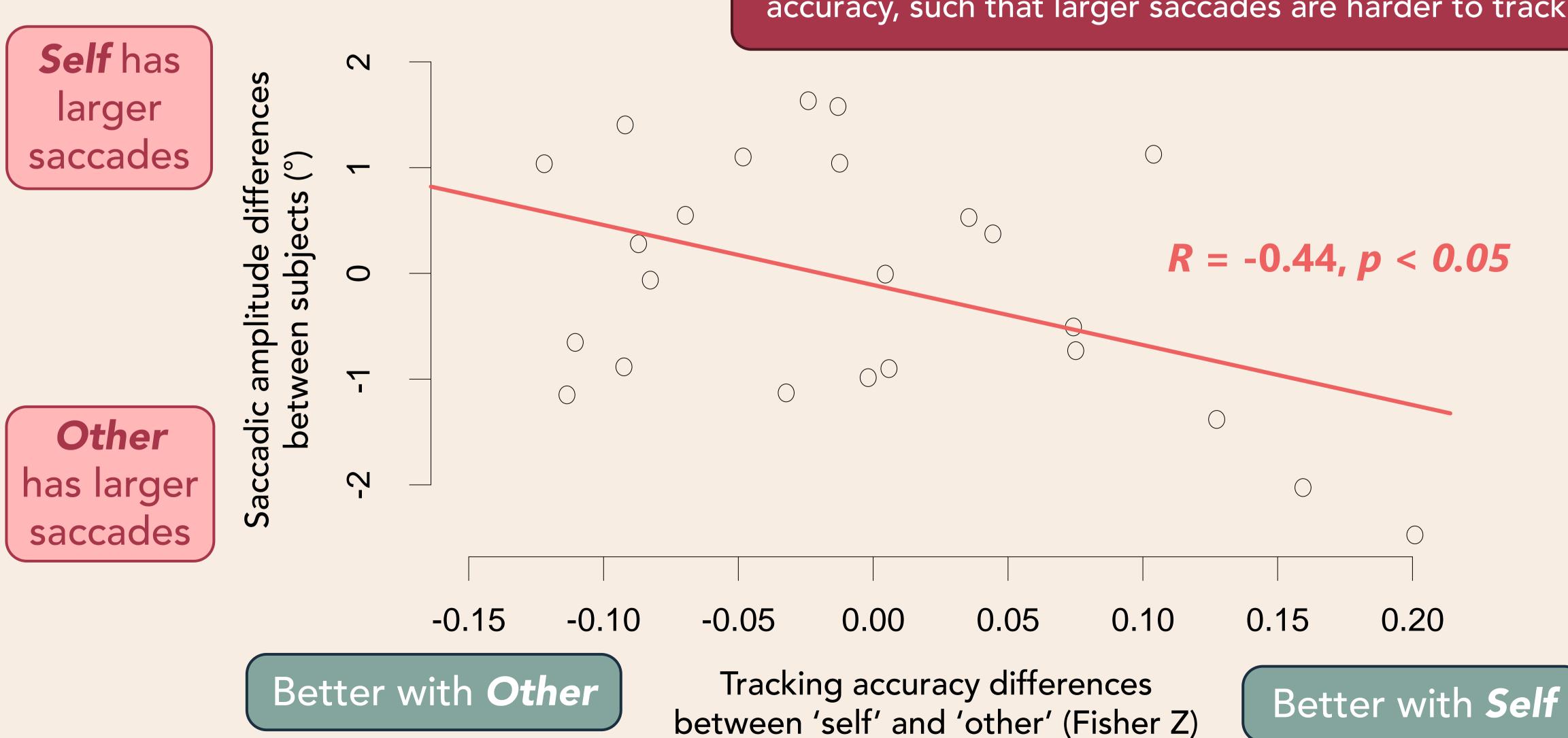
- People's tracking accuracy is <u>similar</u> for their own eye movements versus others'
- They perform similarly <u>with</u>
 or without the background

Takeaways: Latency

- People are <u>no faster</u> at tracking their own eye movements versus others'
- BUT they are faster at tracking when the background is present

Takeaways: Saccade Amplitudes

Eye movement characteristics predict tracking accuracy, such that larger saccades are harder to track.



Conclusions

People are not any better at tracking their own eye movements versus others'. This suggests poor implicit awareness of own gaze behavior.



What's next? Can within-participant inconsistency in gaze behavior explain poor tracking performance?

Why should we care?



Poor implicit and explicit awareness of eye movements suggests that it may be difficult to train gaze behavior in real-world searches requiring expertise.



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Acknowledgments: This work was supported by a UTM Undergraduate Travel Grant to AC and an NSERC Discovery Grant to AK.

References: [1] Kok, E., et al., J Vis. 17 (2017). [2] Foulsham & Kingstone, Perception. 42 (2013).